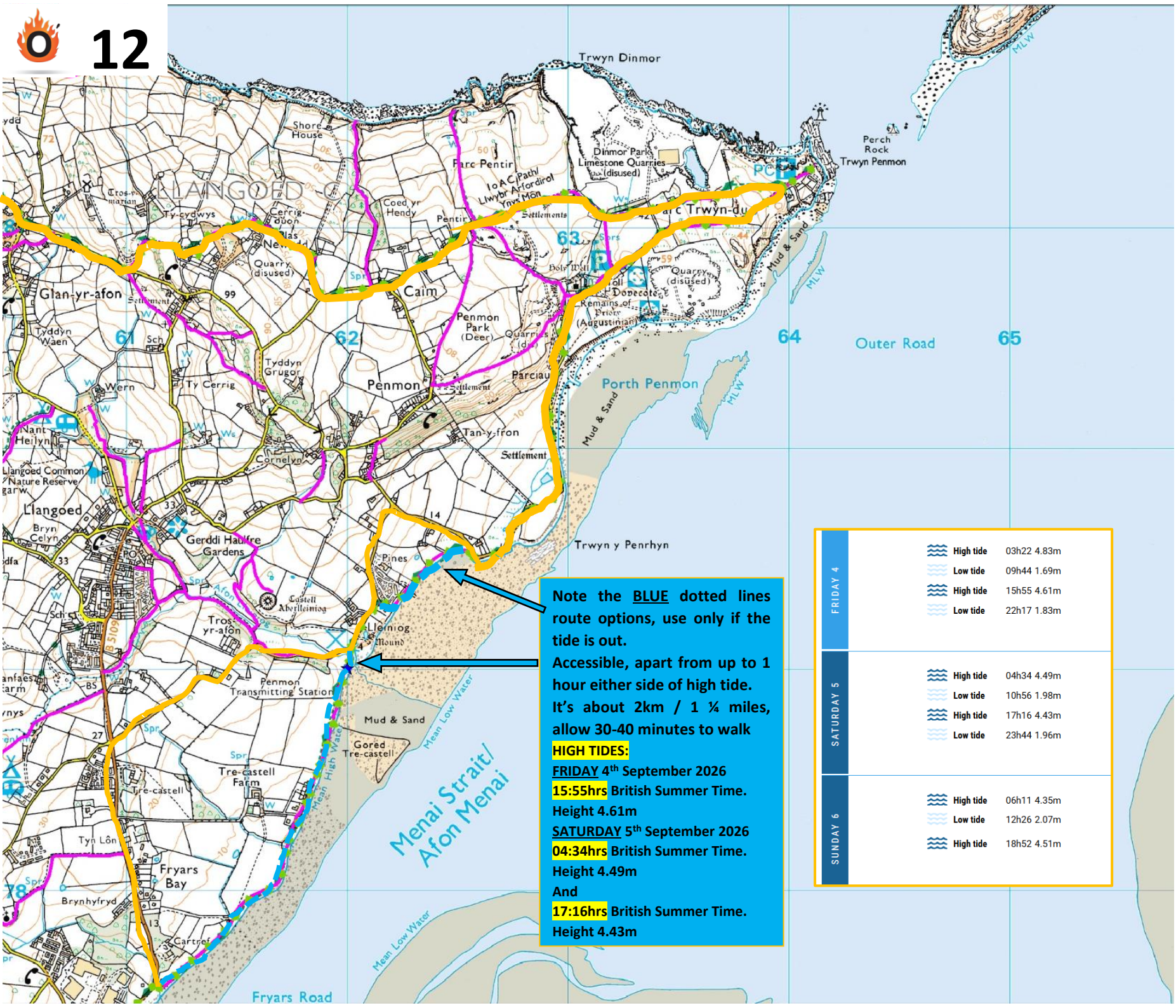




Note the **BLUE** dotted lines route options, use only if the tide is out.

Accessible, apart from up to 1 hour either side of high tide. It's about 2km / 1 ¼ miles, allow 30-40 minutes to walk

HIGH TIDES:

FRIDAY 4th September 2026
15:55hrs British Summer Time.
Height 4.61m

SATURDAY 5th September 2026
04:34hrs British Summer Time.
Height 4.49m

And
17:16hrs British Summer Time.
Height 4.43m

FRIDAY 4	 High tide	03h22 4.83m
	 Low tide	09h44 1.69m
SATURDAY 5	 High tide	15h55 4.61m
	 Low tide	22h17 1.83m
SATURDAY 5	 High tide	04h34 4.49m
	 Low tide	10h56 1.98m
SUNDAY 6	 High tide	17h16 4.43m
	 Low tide	23h44 1.96m
SUNDAY 6	 High tide	06h11 4.35m
	 Low tide	12h26 2.07m
SUNDAY 6	 High tide	18h52 4.51m
	 Low tide	